



INGREDIENTS

1/2 cup Low-fat cheddar cheese,

shredded

1/2 cup Low-fat Parmesan cheese,

shredded or grated

1 tsp Italian seasoning

SUPPLIES & EQUIPMENT

- Small mixing bowl
- Small mixing spoon
- Measuring cups and spoons
- Baking sheet lined with parchment paper
- Oven mitts
- Spatula
- Paper towels

DIRECTIONS

- 1. Preheat the oven to 400°F.
- 2. Combine cheddar and Parmesan cheese in a small mixing bowl.
- 3. Spoon cheese onto a lined baking sheet in 10 equal sized piles. Each crisp will be about 2-3 tablespoons of cheese. Leave about an inch of space between piles to allow room for cheese to spread while baking.
- 4. Sprinkle cheese with Italian seasoning and bake in the oven for 6-8 minutes. Carefully watch the crisps as they bake and remove from the oven when the edges begin to brown.
- 5. Let crisps cool on the baking sheet for a few minutes. Use a spatula to transfer crisps onto paper towels to absorb excess grease. When crisps are cool to the touch, enjoy!

