



Black Bean Dip

Ingredients

2 (16 oz) cans	Black beans
1/2 cup	Chopped Onion
1/3 cup	Chopped Cilantro
1 clove	Garlic, minced
2 Tbsp	Lime juice
1/4 tsp	Chili powder
1/4 tsp	Ground cumin
1/4 tsp	Salt
1/4 tsp	Pepper

Directions

1. Drain and rinse black beans with water.
2. Prepare the veggies by chopping onion and cilantro and mincing garlic.
3. Add all ingredients into a food processor or blender and blend until well combined.
4. Serve with tortilla chips!

Supplies & Equipment

- Can opener
- Knife
- Cutting board
- Measuring spoons
- Blender ~or~ food processor

*Recipe from two peas & their pod